

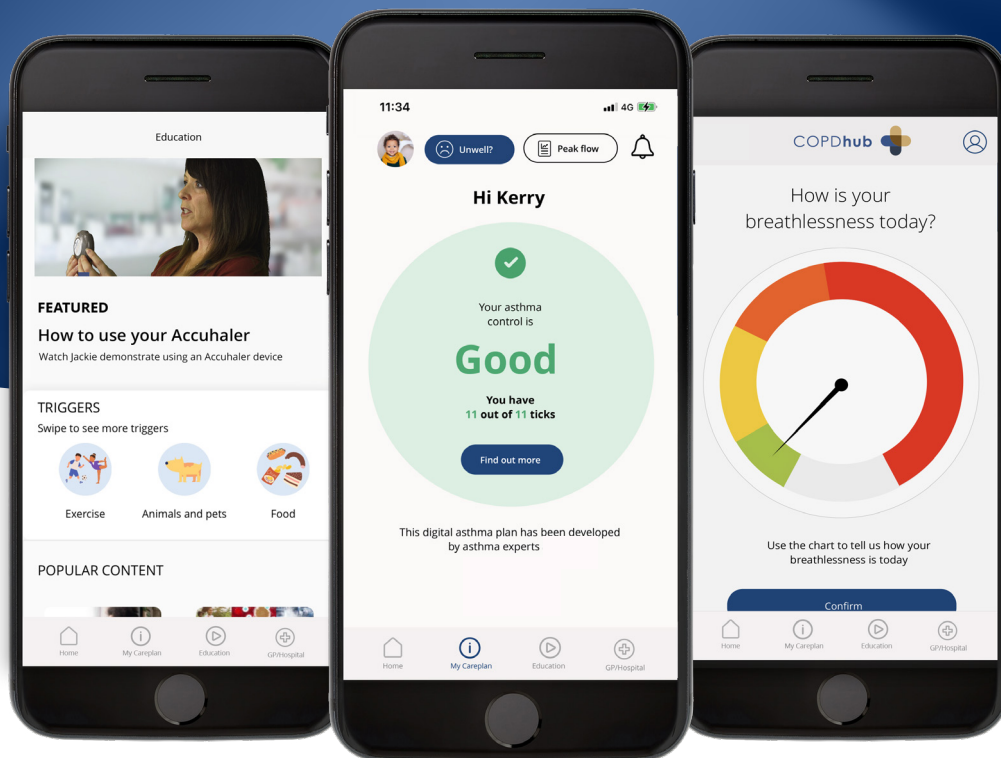


ICST



Do you have Asthma or COPD?

Respiratory apps for patients to help you manage your respiratory condition



Personalised plan

Everything you need
in the palm of your
hand



Monitor & record

Keep track of your
symptoms and test
results



Advice & support

Get helpful advice
if your symptoms
get worse



Educational videos

Instructional & inspirational
videos delivered by experts
in Wales

Choose the app that
supports you

More information at:
icsthub.co.uk



In partnership with ICST